

Appendix A – Data collection questionnaire

Cardiovascular Risk Stratification and LDL-C Target Achievement in PHC: A Cross-Sectional Study	
Interview date: ____/____/2025	
Interview location:	
Date of most recent laboratory test: ____/____/____	
Date of most recent medical appointment: ____/____/____	
Patient Identification	
Name:	
Date of birth:	Educational attainment:
Age (years)	
Sex	☐ Male ☐ Female
Cardiovascular Risk Factors	
Current smoker	☐ Yes ☐ No
Duration of smoking	_____
DM	☐ Yes ☐ No
Duration of DM	_____

Cardiovascular Risk Factors	
Male > 49 years	☐ Yes ☐ No
Female > 56 years	☐ Yes ☐ No
Diabetes mellitus > 10 years	☐ Yes ☐ No
Metabolic syndrome	☐ Yes ☐ No
eGFR < 60 mL/min/1.73 m ²	☐ Yes ☐ No
Albuminuria > 30 mg/g	☐ Yes ☐ No
LDL-C ≥ 190 mg/dL	☐ Yes ☐ No
History of premature CAD	☐ Yes ☐ No
Hypertension	☐ Yes ☐ No
BP values:	SBP: _____ mmHg
	DBP: _____ mmHg
Level of physical activity:	☐ Low ☐ Moderate ☐ High
History of subclinical CAD:	☐ Yes ☐ No
Assessed by:	☐ Carotid ultrasonography showing plaque ☐ ABI < 0.9 ☐ CAC > 100 ☐ Atherosclerotic plaques on CCTA

History of significant CAD	☐ Yes ☐ No
History of AMI, stroke, or > 50% stenosis in any arterial territory	☐ Yes ☐ No
Presence of:	☐ Abdominal aortic aneurysm ☐ CKD (eGFR < 60 mL/min, nondialysis stage) ☐ LDL $\geq$ 190 mg/dL
Laboratory Data	
TC (most recent test):	_____ mg/dL
LDL-C value:	_____ mg/dL
HDL-C value:	_____ mg/dL
Lipid-Lowering Therapy	
Simvastatin	☐ Yes ☐ No
Atorvastatin	☐ Yes ☐ No
Other statin (please specify)	_____
Dosage and administration (formulation, dose, and schedule):	_____
LSM	
Received counseling on LSM?	☐ Yes ☐ No

Cardiovascular Risk Classification	
Global risk score:	☐ Low risk
	☐ Moderate risk
	☐ High risk
	☐ Very high risk
Additional notes:	

ABI: ankle-brachial index; AMI: acute myocardial infarction; BP: blood pressure; CAC: coronary artery calcium; CAD: coronary artery disease; CCTA: coronary computed tomography angiography; CKD: chronic kidney disease; DBP: diastolic BP; DM: diabetes mellitus; eGFR: estimated glomerular filtration rate; HDL-C: high-density lipoprotein cholesterol; LDL-C: low-density lipoprotein cholesterol; LSM: lifestyle modification; SBP: systolic BP; TC: total cholesterol.