

Appendix A: Questionnaire applied in data collection:

Questionnaire: What is your aesthetic preference regarding breasts?

I give my consent and agree to participate:

- Consent to participate:

I agree to participate in the study after having read and fully understood the contents of the consent form. I declare that I have not been subjected to verbal, written, or nonverbal pressure to participate in the study; this decision was made in full possession of my mental faculties, without being under the influence of medications, drugs, or alcohol, consciously and freely.

☐ Yes

☐ No

Please fill out the questionnaire below:

1. What is your date of birth? [xx/xx/xxxx]

2. Gender?

☐ Male

☐ Female

3. Do you engage in physical activity?

☐ No

☐ Yes, up to once a week

☐ Yes, up to 3 times a week

☐ Yes, up to five times a week

4. Have you ever had breast augmentation or previous breast reconstruction surgery?

☐ Yes - breast implant

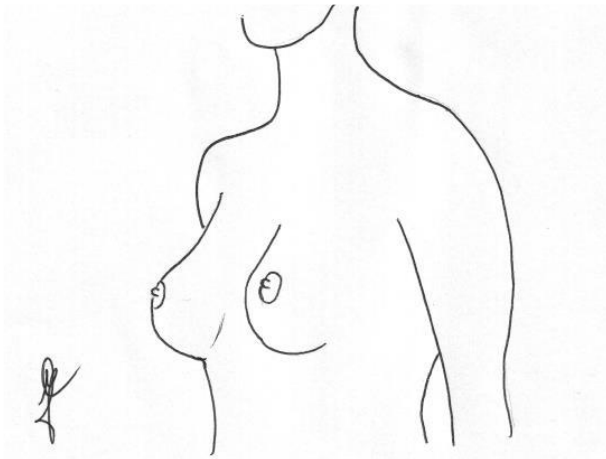
☐ Yes - breast reduction

☐ Yes - breast implant and breast reduction

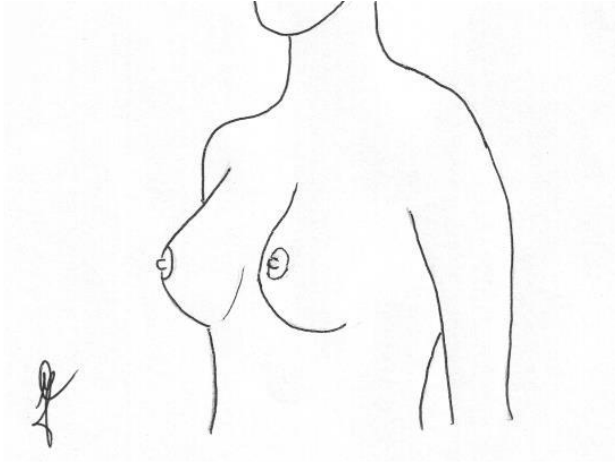
☐ No

5. Choose the image you find most aesthetically pleasing?

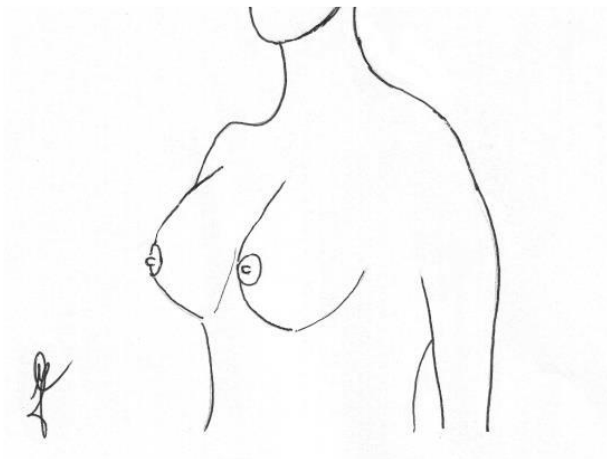
☐ Figure 1.A - Upper pole/lower pole ratio 40/60



☐ Figure 1.B - Upper pole/lower pole ratio 50/50.

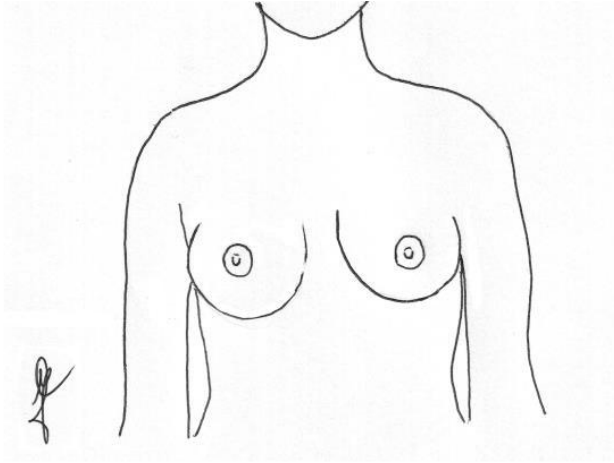


() Figure 1.C - Upper pole/lower pole ratio 60/40.

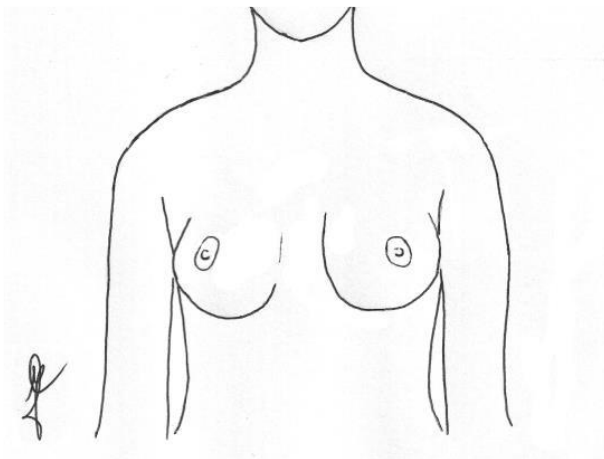


6. Which image do you consider most aesthetically pleasing?

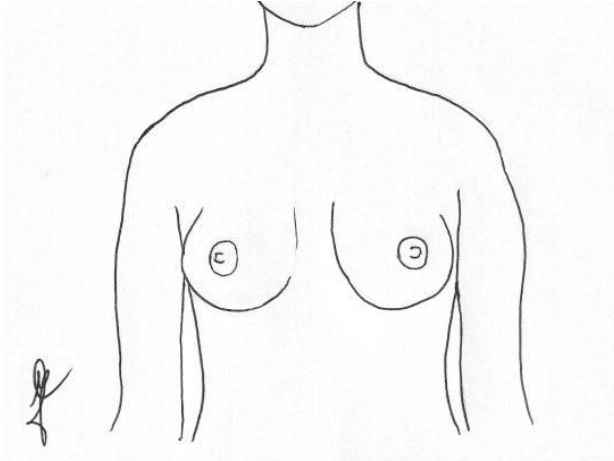
() Figure 3.A - Central location of the areola-nipple.



() Figure 3.B - Lateral location of the areola-nipple.

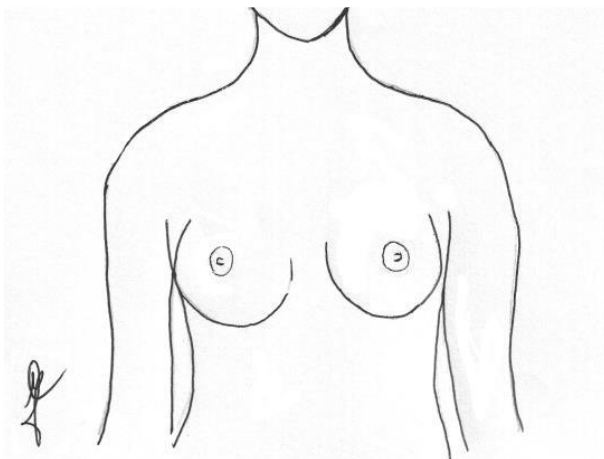


() Figure 3.C - 20° angle of the areola-nipple.



7. Choose the image you consider most aesthetically pleasing:

() Figure 5.A - Small size of the areola-nipple.



() Figure 5.B - Small size of the areola-nipple

