

■ APPENDIX



Nipple Trauma Indicator Form

Identification

ADMISSION DATA: Date: ____/____/____ Parity: _____

Breastfed previously? No / Yes

If Yes, had experienced nipple trauma before? No / Yes

Skin colour: White / Brown / Black / Yellow

Colour of nipple-areola area: light pink / light brown / dark brown / black

Type of nipple Right and Left:

Protruded () Semi protruding () Pseudo-inverted () Inverted () Flat ()

Newborn in: Maternity Ward / Nursery / ICU Is newborn premature? No / Yes

Daily evaluation:

___ PP	___ PP	___ PP	___ PP
Newborn: MW / N / ICU If MW, suction pattern is: ▪ adequate ▪ inadequate ▪ not observed Received EBM / Formula Cup / Trans lactation Trauma: No / Yes Type*: _____ Cause(s): _____ Evolution**: _____ Observations: _____ Sign: _____	Newborn: MW / N / ICU If MW, suction pattern is: ▪ adequate ▪ inadequate ▪ not observed Received EBM / Formula Cup / Trans lactation Trauma: No / Yes Type*: _____ Cause(s): _____ Evolution**: _____ Observations: _____ Sign: _____	Newborn: MW / N / ICU If MW, suction pattern is: ▪ adequate ▪ inadequate ▪ not observed Received EBM / Formula Cup / Trans lactation Trauma: No / Yes Type*: _____ Cause(s): _____ Evolution**: _____ Observations: _____ Sign: _____	Newborn: MW / N / ICU If MW, suction pattern is: ▪ adequate ▪ inadequate ▪ not observed Received EBM / Formula Cup / Trans lactation Trauma: No / Yes Type*: _____ Cause(s): _____ Evolution**: _____ Observations: _____ Sign: _____

*Excoriation – Erythema – Fissure – Blister – Erosion – other

**P (Present) I (Improved) W (Worsened) U (Unchanged) S (Solved)

POSSIBLE CAUSES Related to mothers: 1) inadequate breast support 2) hardened areola 3) engorged breasts 4) lack of colostrum 5) unfavourable nipples 6) inadequate positioning 7) inadequate behaviour 8) inadequate use of syringe 9) Pain 10) milking pump. **Related to Newborn:** 11) inadequate attachment 12) Frequent suckling 13) strong suckling 14) suckling problems 15) drowsiness 16) bite 17) Irritation 18) pain 19) nasal obstruction 20) non-nutritive suckling 21) malformation. **Other(s):** _____

NURSING ACTIVITIES Supervise / Assist breastfeeding / Orientate positioning and attachment / feeding time / adequate breast support / different position / exercises of nipple protrusion / ask for help in Nursery or ICU / **Offer and orientate use of** Lanolin / Shell / Nipple shield / electric massager / **Encourage** breast milk expression / use of colostrum **Offer** EBM / Formula AMP **Instill** Saline / Dexamethasone AMP; **Other(s):** _____