

Table S1 Selected variables and calculated coefficients for model 1 (adults)

Variable	Coefficients	p-value
Intercept	-0.404	0.000 *
Major depressive disorder	1.164	0.978
State anger (STAXI)	0.623	0.046 *
Age 37-40 years	0.558	0.052
Self-criticism style (DEQ)	0.352	0.696
Fear of suicide (RFL)	0.343	0.646
Anxious-depressive symptom distress (OQ)	0.302	0.028 *
Fear of social disapproval (RFL)	0.295	0.776
Female gender	0.145	0.009 *
Age 55-59 years	0.064	0.000 *
Age 14-22 years	0.044	0.000 *
Interpersonal relations distress (OQ)	0.006	0.000 *
Not working	-0.181	0.000 *
Age	-0.478	0.023 *
Survival and coping beliefs (RFL)	-0.973	0.793

DEQ = Depressive Experience Questionnaire; OQ = Outcome Questionnaire; RFL = Reasons for Living Inventory; STAXI = State Trait Anger Expression Inventory.

* $p < 0.05$.

Table S2 Selected variables and calculated coefficients for model 2 (young adults)

Variable	Coefficients	p-value
Intercept	0.965	0.051
Dependent style (DEQ)	3.791	0.576
Unemployed	1.813	0.000 *
Living with partner	1.674	0.000 *
Overprotection/negligence mother (PBI)	1.658	0.090
Major depressive disorder	1.497	0.671
Interpersonal relations distress (OQ)	0.996	0.867
Married	0.830	0.000 *
Self-criticism style (DEQ)	0.744	0.003 *
Dependency/autonomy-encouraging father (PBI)	0.328	0.247
State anger (STAXI)	0.301	0.000 *
Type of paternal bonding (PBI)	-0.330	0.425
Female gender	-0.605	0.570
Reasons for living (RFL)	-0.675	0.941
Moral objections (RFL)	-0.742	0.037 *
Secondary education	-0.847	0.000 *
Overprotective mother (PBI)	-1.242	0.200
Survival and coping beliefs (RFL)	-1.703	0.108
Maternal care (PBI)	-2.588	0.027 *

DEQ = Depressive Experience Questionnaire; OQ = Outcome Questionnaire; PBI = Parental Bonding Instrument; RFL = Reasons for Living Inventory; STAXI = State Trait Anger Expression Inventory.

* $p < 0.05$.

Table S3 Selected variables and calculated coefficients for model 3 (adolescents)

Variable	Coefficients	p-value
Intercept	1.493	0.424
Cold and dependency-encouraging mother (PBI)	1.938	0.312
Anxious-depressive symptom distress (OQ)	1.440	0.000 *
Major depressive disorder	0.555	0.144
Female gender	0.122	0.000 *
Anger expression and anger control (STAXI)	0.064	0.000 *
Paternal care (PBI)	-0.256	0.078
Fear of social disapproval (RFL)	-0.505	0.042 *
Controlling and negligent mother (PBI)	-0.591	0.040*
Survival and coping beliefs (RFL)	-2.155	0.000 *

OQ = Outcome Questionnaire; PBI = Parental Bonding Instrument; RFL = Reasons for Living Inventory; STAXI = State Trait Anger Expression Inventory.

* $p < 0.05$.