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Association between postpartum depressive symptom trajectories and breastfeeding patterns: results from the Mothers, Infants and Lactation Quality-Brazil study – Silva GT et al.

Supplementary Table S1 Profile of breastfeeding patterns according to clusters of participants from MILQ-Brazil

	Breastfeeding pattern			
	Breast milk volume (mL)	**Breastfeeding frequency (times in 24h)**	**Age at liquid/food introduction (days)**	**Breastfeeding duration (minutes per feeding)**
Cluster 1 (n=37)	842 (173.6)	13 (4.1)	177 (16.6)	28 (20.9)
Cluster 2 (n=34)	761 (170.8)	13 (4.5)	126 (19.7)	23 (9.9)
Cluster 3 (n=26)	919 (147.3)	20 (7.3)	109 (33.4)	16 (8.0)

Data are presented as mean (SD).
Breastfeeding patterns were created using cluster analysis and longitudinal data.
Key characteristics: Cluster 1: moderate volume, average frequency, late introduction of solid/semi-solid foods; Cluster 2: lower volume, lower frequency, intermediate introduction of solid/semi-solid foods; Cluster 3: higher volume, higher frequency, early introduction of solid/semi-solid foods.