

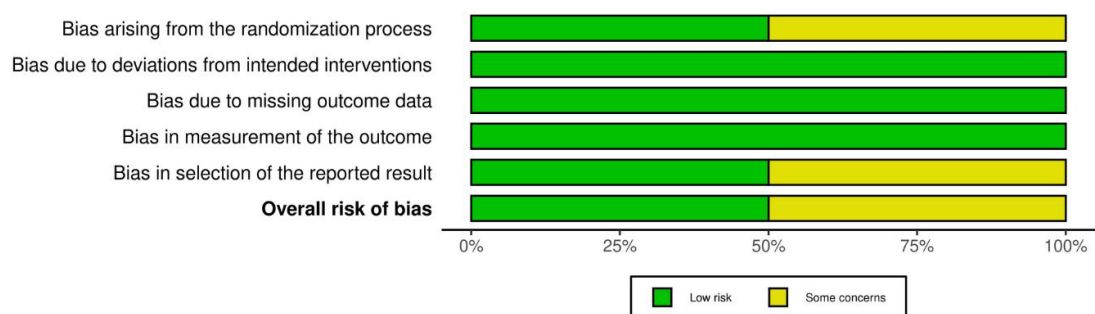
**A)**

|       |            | Risk of bias domains |    |    |    |    |         |
|-------|------------|----------------------|----|----|----|----|---------|
|       |            | D1                   | D2 | D3 | D4 | D5 | Overall |
| Study | Lye 2017   | +                    | +  | +  | +  | +  | +       |
|       | Assir 2013 | -                    | +  | +  | +  | -  | -       |

Domains:  
D1: Bias arising from the randomization process.  
D2: Bias due to deviations from intended intervention.  
D3: Bias due to missing outcome data.  
D4: Bias in measurement of the outcome.  
D5: Bias in selection of the reported result.

Judgement  
- Some concerns  
+ Low

**B)**



**Supplementary Figure 16. Robins 2.**