

JPED-D-25-00363_ SUPPLEMENTARY MATERIAL

SUPPLEMENTARY MATERIAL – COMPLETE DESCRIPTION OF THE MULTIDISCIPLINARY APPOINTMENTS CONDUCTED THROUGH A DIGITAL PLATFORM

COMPOSITION OF THE TEAM AND FOLLOW-UP PLAN FOR MULTIDISCIPLINARY CONSULTATIONS VIA APPLICATION

Multidisciplinary Team Professional	Number of Teleconsultations	Duration of Teleconsultations	Teleconsultation Approach
Doctor	4	30 minutes	Topics addressed included the patient's overall health, inter-appointment intercurrent events, frequency of hypoglycemia or hyperglycemia, diet, physical activity, school performance, insulin doses in use, and blood glucose monitoring.
Nutritionist	10	30 minutes	Topics addressed included guidance on care during hypoglycemia and hyperglycemia, carbohydrate, protein, and fat counting, diet and physical activity, eating at school, eating at parties, and eating while traveling.
Nurse/Diabetes Educator	4	30 minutes	Topics addressed included the use and storage of insulin, injection techniques and rotation, and clarification of questions.
Psychologist	5	30 minutes	Topics addressed included recognizing emotions and practical emotional regulation strategies adapted to the age group. The activities were designed in a playful manner, using visual resources, metaphors, and age-appropriate language for the children.
Physical educator	4	30 minutes	Topics addressed included guidance and assessment of adherence to physical activity practices, glycemic targets before and during physical activity, and prevention of hypoglycemia and hydration during physical activity.