

SUPPLEMENTARY MATERIAL

Appendix S1 – Questionnaire**Question 1.** Do you know your height (in meters)?

_____ m

☐ Don't know**Question 2.** Do you know your weight (kg)?

_____ kg

☐ Don't know

BMI calculation: _____

Question 3. How many days a week do you usually eat fruit?☐ Every day☐ Often☐ Rarely☐ Never**Question 4.** On an average day, how many times do you eat fruit?☐ Once a day☐ Twice a day☐ 3 or more times a day**Question 5.** How many days a week do you usually eat raw salads, for example: lettuce, tomato, cucumber?☐ Every day☐ Often☐ Rarely☐ Never**Question 6.** On a typical day, do you eat raw salads:☐ 1 time a day☐ 2 times a day**Question 7.** How many days a week do you usually eat cooked vegetables, such as cabbage, carrots, chayote, eggplant, zucchini, not counting potatoes or cassava?☐ Every day☐ Often☐ Rarely☐ Never**Question 8.** On a typical day, do you eat cooked vegetables?☐ Once a day☐ Twice a day**Question 9.** Do you usually drink alcoholic beverages?☐ Yes (*proceed to question 10*)☐ No (*proceed to question 11*)**Question 10.** How often do you usually drink alcoholic beverages?☐ Every day☐ Often☐ Rarely☐ Never**Question 11.** In the last month, have you had any occurrence of diarrhea?☐ Yes☐ No**Question 12.** How often do you poop throughout the day?☐ Once a day☐ Twice a day☐ Three times a day☐ More than four times a day